

Suggestions for Auditory Learners

You will learn best when you hear the information. Learning from a lecture may best for you. You need to listen, talk, discuss, and plan outloud. Try some of these suggestions and create some more that will work for you.

++ Focus by looking at the speaker. Try to pay attention specifically to what is being said.

++ Try to figure out what is important by asking questions. Ask questions to yourself as you are learning and then try to answer the questions. Or, ask the speaker questions and listen to the speaker's answers.

++ Ask a teacher to explain something again when you don't understand a point being made. Simply say, "Would you please repeat that?"

++ Try to make sense of what the speaker is saying by connecting main ideas.

++ Try to picture in your mind's eye what the speaker is saying.

++ Record your notes on a cassette or CD and listen to them to review. Listen to books on tape.

++ Say your notes outloud or listen to others recite notes. Memorize your lists orally.

++ Read dialogue, plays, and lists aloud.

++ Learn to spell through a phonics approach and use your word attack skills. Use the differences among sounds that you hear to help your spell the words.

++ Listen to the guide's explanations on field trips.